

# MODUL PINTAS TINGKATAN LIMA

**Reading and Use of English : 1 HOUR 30 MINUTES**

1119/1

**BAHASA INGGERIS**

Kertas 1

## ARAHAN :

1. Jangan Buka Kertas Peperiksaan Ini Sehingga Diberitahu.
2. Tulis **nama** dan **tingkatan** pada kertas jawapan anda.
3. Kertas peperiksaan ini mengandungi **lima** bahagian yang terdiri daripada **40** soalan.
4. Jawab **semua** soalan. Baca arahan bagi setiap bahagian dan soalan dengan teliti.
5. Tulis jawapan anda pada kertas jawapan yang disediakan.
6. Serahkan kertas jawapan anda kepada pengawas peperiksaan selepas tamat ujian.

NAMA : .....

TINGKATAN : .....

Kertas peperiksaan ini mengandungi 16 halaman bercetak.



**Part 1**

[8 marks]

**Questions 1 to 8**

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**. For each question, mark the correct answer **A**, **B** or **C** on your answer sheet.

Kittychoc fans have been down in the mouth after biting into the bars and finding no wafer inside. Customers across the globe have found themselves chomping on just solid chocolate. They complained that the sweet treat was missing its familiar three-layer of wafer. Kittychoc replied to some customers saying: "That's not the break you were hoping for." They apologised to customers and have given some refunds.

- 1 According to the excerpt, which statement is true?
- A Kittychoc has reduced its original sweetness.
  - B Kittychoc fans could no longer enjoy their break time.
  - C Kittychoc fans were disappointed when they found no wafer in the chocolate.

Patients with memory loss can often remember songs and specific song lyrics. Doctors will often use music and lyric recall to help individuals retrieve lost memories. Researchers have also uncovered evidence that suggests the music we heard as teenagers has a greater emotional bind to our brain than anything we will listen to as adults. This idea of musical nostalgia is a fun exercise for anyone but is most impactful for people suffering from memory loss, including those with dementia or Alzheimer's.

- 2 Based on the article, some songs can help patients with memory loss to
- A have fun brain exercises.
  - B strengthen their emotions.
  - C remember forgotten memories.



A python is on the loose in Teratai Lake, leaving families terrified for their pets and kids. The royal python, which can grow to 6 feet, was spotted by a passer-by. However, by the time APM personnel arrived, the snake had vanished. It was thought to have been abandoned in the park near the lake. The authorities urge anyone who spots the python to get in touch with them immediately.

- 3 Based on the news article, the missing python poses danger to the nearby families because it
- A is nowhere to be found.
  - B was spotted by the APM personnel.
  - C was abandoned by a passer-by.

More smartphones mainly high-end ones are now sold without chargers. The trend started in 2020 by Apricot, followed by Suning and Miaoxi in 2021. The decision is primarily motivated by environmental concerns. With close to 2 billion smartphones sold every year worldwide, this change could reduce more than two million metric tons of carbon emissions. Loyal customers of the brand can reuse their old charger with their most recent phones, while new users will still be able to buy the chargers like any other accessories.

- 4 According to the excerpt, smartphones sold without chargers can
- A keep up with high-end smartphone brands.
  - B save the earth from excessive carbon emissions.
  - C encourage customers to buy chargers separately.



Do you want to earn extra income?

RM8.50/hour

Max 5 hours/day

**Part-Time Cinema Crew**

**Requirements:**

Dynamic & energetic person with positive attitude

Flexible working hours

Between 21-35 years old

**Benefits provided:**

Statutory contribution (KWSP/SOSCO/EIS)

Training provided

Free movie passes

To find out more, please contact the mobile number below:

Shiela (Manager on duty): 012456893

- 5 According to the advertisement, applicants must be willing to
- A self-trained.
  - B spread positivity.
  - C work five-hour shifts.

**Use your own cup and save money**

**10% off ANY HOT DRINKS**

Simply hand your own cup to our barista. As a friendly gesture of using your own cups, we will apply the discount to each drink. We will match the cup with the appropriate size drink from our range and price this accordingly with the 10% discount.

- 6 The purpose of the discount in the advertisement is to
- A appreciate customers' effort to save money.
  - B reward the customers who bring their own cups.
  - C encourage more customers to make their own drinks.



### **Aziz's Rich Rhythm**

It's very easy to tell that Aziz Ramlan, the Managing Director of Music Supplies Sdn. Bhd. loves what he does. Playing musical instruments, which started as a hobby, has led to a booming business.

Originally from Arau, Perlis, Aziz arrived in Kuala Lumpur six years ago to work in the banking sector. Now, 40, he speaks with confidence and smiles about the business he loves.

- 7 From the extract, we know that Aziz
- A started his career as a musician.
  - B has gained wealth through his hobby.
  - C organises musical shows and concerts.

### **Aaron Aziz surprises bridal party. takes pictures with them**

Legendary actor, Aaron Aziz gave one Alor Setar bride a sweet surprise when he asked to take a picture with her on her wedding day. The Golden Awards winner is currently in Alor Setar to shoot his latest film, 'Cinta 30 Hari'. According to the photographer, Lee Megan, she said the bride was getting ready to head to the hall for the ceremony and while she was shooting, the beautiful bride crossing the street to her limo, a man in a hat approached the bride. It turned out to be the superstar himself.

- 8 Which statement is true about the news?
- A It was a surprise gift from the groom to shoot with Aaron Aziz.
  - B It was an unplanned encounter between the bride and Aaron Aziz.
  - C It was a special part of the wedding day photoshoot involving Aaron Aziz.



**Part 2**

[10 marks]

**Questions 9 to 18**

*Read the text below and choose the best word for each space. For each question, mark the correct letter A, B, C or D on the given answer sheet.*

Oftentimes when the word 'shopping' is (0) mentioned, many people's eyes light up or their faces brighten. It is no surprise that many enjoy the activity, from the young to the old and from the (9) \_\_\_\_\_ to the rich. It is fascinating that shopping works like magic, that it is able to make you feel better (10) \_\_\_\_\_ a terrible day at school or work. Even when you are worn out, you can still choose to go shopping because you feel the need to (11) \_\_\_\_\_ yourself for a hard day's work.

Somehow, being out of the house and looking at different products or (12) \_\_\_\_\_ money on necessary or sometimes unnecessary items can improve your mood.

(13) \_\_\_\_\_, it is not always that shopping requires the use of money. If you have little to spare, you might choose to do window-shopping instead. This might still give you some pleasure, as you are able to look at various merchandise (14) \_\_\_\_\_ not having any intention to buy them or being able to afford them. For others who are more (15) \_\_\_\_\_, they indulge in retail therapy to be happy. This means that they splurge on things that are not needed in order to (16) \_\_\_\_\_ their stress or temporarily distract them from certain problems.

Besides shopping at physical stores, it can now be done online with (17) \_\_\_\_\_ online shopping platforms available anytime and anywhere with just a click on your smartphone. Due to its convenience, (18) \_\_\_\_\_ now rely on shopping from home since their purchases can be delivered right to their doorstep. With different shopping options to cater to different wants and needs, shopping or rather spending money unnecessarily is definitely inevitable.



- 0 A voiced B debated **C mentioned** D highlighted
- 9 A sad B poor C sickly D lonely
- 10 A after B over C across D between
- 11 A award B repay C bonus D reward
- 12 A acquiring B getting C spending D keeping
- 13 A Furthermore B Although C Consequently D Hence
- 14 A despite of B except C in spite of D instead
- 15 A lucky B special C blessed D privileged
- 16 A revive B relieve C relax D replace
- 17 A boundless B priceless C bottomless D countless
- 18 A most B many C more D much



**Part 3**

[8 marks]

**Questions 19 to 26**

*Read the text carefully and answer the questions. Choose the answer A, B, C or D. For each question, mark the correct answer A, B, C or D on your answer sheet.*

Parkour is a new and exciting sport that people are performing around the world. Parkour is a French word for “the art of movement”. It was created by David Belle out of his imagination, his heritage and from his desire during childhood to find the means to move through the world in an efficient and fluid way. The objective of parkour is getting from point A to point B as quickly and efficiently as possible. It is a combination of vaults, landings, balance, precision, discipline and confidence.

Raymond Belle, David Belle’s father was a fireman in France and served in the military. As a fireman and military officer, he needed to have a way to get from one place to another but it was not like getting on a train and going to work, it was a matter of life and death. For example, he needed to know what was the fastest and most efficient way to get into the burning building, save as many people as possible and get out alive.

About fifteen years after David was born in Marine Seine, France, his father told him all of his “war” stories and taught him his life-saving techniques. David was extremely fascinated and thought he could put these strategies together in a fun and confident way. He taught his friend, Sebastien Foucan the technique and together, they started jumping around. Little did he know that what he started would have such a large following and made such an impact on so many people in the world today.

Parkour is not just like any other sport, it is a way of life and it changes your perspective of everything you see in the urban and rural environment, involuntarily. You cannot help but see opportunities for performing parkour in your surroundings as you walk, drive or visit new areas either in the country or the city. Once you do parkour you can no longer see things as they are, they always become opportunities that scream out, “I can do parkour here!” For example, for someone who does not do parkour, they see a picnic table as a simple structure made of wood created to eat or sit on, while a traceur would see it as an obstacle to vault over. A traceur is a French word for a parkour partaker.

Although parkour is a dangerous and a heart-stopping sport, it can be beautiful. It is not just jumping around without any purpose, it is a movement, utilising the abilities of the human body with its surroundings. One cannot exactly call parkour a sport, not because it is not an official sport but because it is non-competitive. In other sports like football, you compete against the opposing team but in parkour you are competing against yourself. A traceur must not be doing parkour to impress other people but do it because they truly love everything about the challenges and the benefits it provides.

There are not only physical benefits but also mental benefits. You set goals and increase your confidence in parkour, which affects your life on the whole. If you are not confident that you can accomplish a particular move, then you should not try it, you have to visualise yourself doing a vault for example, and then attempt it with complete confidence.



There are many risks associated with parkour and precautions you need to know before attempting to push the limits of your body. First of all, one of the most important points about rolling or jumping from somewhere is you do not want to bend your knees more than 90 degrees, otherwise you can cause serious damage to your knees, back and spine in the future.

**19** What is the meaning of parkour?

- A** The art of movement.
- B** Efficient way to move around.
- C** Performance around the world.
- D** The means to move through the world.

**20** What is the objective of parkour?

- A** A way to live your life.
- B** To change your perspective of life.
- C** Get out of a building as quickly as possible.
- D** Getting from point A to point B quickly and efficiently.

**21** Why was it important for Raymond Bell to know the fastest way into a building?

- A** To save life.
- B** To go to work.
- C** To get out alive.
- D** To get on a train.

**22** What is a traceur?

- A** A person.
- B** An obstacle.
- C** A practitioner.
- D** A type of sport.



- 23 Based on paragraph 6, below are the benefits of parkour except, it...
- A makes you mental.
  - B helps you to visualise.
  - C helps you to set goals.
  - D builds your confidence.
- 24 According to paragraph 7, if a traceur bends his knees more than 90 degrees what will happen to him?
- A He will start rolling.
  - B He will jump nicely.
  - C He will injure his knees.
  - D He will give a good show.
- 25 Below are the injury on the body mentioned in the passage except
- A knee.
  - B feet.
  - C back.
  - D spine.
- 26 What was the purpose of this passage? It is to
- A share the ways to be a traceur.
  - B share information about parkour.
  - C discuss how parkour is a dangerous sport.
  - D show how to be safe when practising parkour.



## Part 4

[6 marks]

## Questions 27 to 32

You are going to read an extract below.

Six sentences have been removed from the extract. Choose from the sentences (A – H) to fit each gap (27 – 32). There are two extra sentences which you do not need to use.

For each question, mark the correct answer (A – H) on your answer sheet.

I was excited when I arrived in Vaitarna, a village which is about a three-hour drive from Mumbai. 27 . Since it is in a village, the scenery is picturesque. The rolling hills next to a river, with a multitude of wildlife was a welcomed relief from the modern life I was used to. 28 . I was not so concerned about comforts, though. I was there to learn the art of a musical instrument named tabla.

I had a strict schedule to follow every day. At 7.30 a.m., I would practice the tabla for about 30 minutes as warm up where most of it was repetitive practice of the same chords. 29 . The academy was founded by the spiritual teacher Shri Mataji Nirmala Devi, so meditation is an important part of the curriculum. 30 . Furthermore, it clears my mind of other thoughts especially of home so I could concentrate on the task at hand for the day.

After an hour of meditation, it was breakfast that lasted for an hour. After that, lessons would begin at 10 a.m. During my stay, there were only a few tabla students in the class there. 31 . The first lesson of the day went on for two hours. Each day, I would learn a new composition or variation of a rhythm cycle. 32 . This is because I was expected to be able to play it properly without any mistake. That was the challenge.

- A The Vaitarna Music Academy was going to be my home for the next 6 months.
- B This was one of my favourite routines as it helped me to focus.
- C Some of the main activities everyday was learning new notes and chords.
- D This was followed by a collective meditation by all the students and teachers.
- E It was an opportunity for me to perform playing the tabla.
- F This meant more intensive learning and more absorption of information.
- G I was expected to know the new rhythm well enough by the next day.
- H The academy itself is not fancy, but it is cosy with basic facilities.



**Part 5**

[8 marks]

**Questions 33 to 40**

*You are going to read a text about five different types of nuts. Read them carefully and answer the questions that follow.*

**Assorted Nuts**

**A** Walnut trees are native to eastern North America, but they are grown in many countries now. One of the reasons is that walnuts are rich in omega-3 fatty acids, which cannot be produced by humans. This nutrient improves cardiovascular health, so eating walnuts reduces the risk of heart disease. Walnuts are not only eaten as a snack but can also be added to salads, pastas, breakfast cereals, soups and baked goods. They are also used to make walnut oil, an expensive culinary oil frequently used in salad dressings. Walnuts contain an antioxidant which protects the nuts from getting stale easily.

**B** Almonds are native to the Middle East, but people all over the world have been eating almonds for thousands of years. Almonds are among the world's best sources of vitamin E, which lowers the risk of cancer and Alzheimer's disease. They are low in carbohydrates but high in healthy fats, protein and fibre. This makes them a perfect choice for people with diabetes. Almonds are usually consumed by those who cannot take cow's milk due to allergies. Eating almonds also helps to lower levels of the bad cholesterol called low-density lipoprotein (LDL) and increase levels of good high-density lipoprotein (HDL) cholesterol in the blood.

**C** Cashew trees, which are native to Brazil, are now grown in some parts of Asia and Africa. They grow on trees that produce a 'false fruit' known as the cashew apple. The fruit resembles a small bell, which is yellow or red in colour. At the base of the fruit is a kidney-bean-shaped hard shell with a single seed inside — the cashew nut. Cashew nuts are essential ingredients in many world cuisines, including Thai food. Rich in iron and zinc, they are excellent substitutes for meat in a vegetarian diet. Furthermore, the nutrients in cashew can help to prevent diabetes, heart disease, stomach and intestinal problems.



**D** Macadamia has a butter-like flavour and a creamy texture. Native to Australia, macadamia trees are now grown in various places such as Brazil, Costa Rica, Hawaii and New Zealand. You can snack on dry-roasted macadamia nuts or grind them to be sprinkled on soup. Macadamia nuts are rich in vitamins, minerals, fibre and healthy fats. They provide benefits such as improving digestion and controlling blood sugar. Despite being rich in calories, macadamia nuts may help you lose weight. This is explained by their amounts of protein and fibre, two nutrients that help reduce hunger.

**E** Pistachios are native to Iran, but they are now grown in various parts of the world due to their health benefits. Though they are called nuts, pistachios are seeds. Usually, each seed is about an inch long and half inch in diameter. Pistachios contain fibre and protein. This fibre can have a positive effect on your gut by providing 'good' bacteria. Snacking on pistachios not only enables you to satisfy your craving for a snack but, at the same time, helps provide nutrients to your body. Some studies suggest that eating pistachios lowers the amount of fat and sugar in your blood, as well as improves the flexibility and tone of your blood vessels.

### Questions 33 to 36

*Which paragraph (A – E) fits the following descriptions of these nuts? Mark your answers on the given answer sheet.*

| No | Description  | Paragraph |
|----|--|-----------|
| 33 | It contains a natural substance that prevents its nut from rotting.    |           |
| 34 | Consuming it regularly helps reduce cholesterol in the blood.          |           |
| 35 | The fibre and protein in the nut give consumers the sense of fullness. |           |
| 36 | This nut provides bacteria that protects you from stomach ailments.    |           |



**Questions 37 to 40**

Complete the notes below using information from the text. Choose **no more than one word** from the text for each answer.

Write your answers on the given answer sheet.

**Assorted Nuts**

- Vegetarians can eat these nuts as (37) \_\_\_\_\_ for meat in order to get the right nutrients.
- Besides providing protein and fibre to the body, this nut also help (38) \_\_\_\_\_ one's desire for snacks.
- Some people restrain themselves from dairy products because of the (39) \_\_\_\_\_ they suffer from.
- We get this omega-3 fatty acid from these nuts because this nutrient is not (40) \_\_\_\_\_ by the human body.

**KERTAS PEPERIKSAAN TAMAT**



KERTAS JAWAPAN CALON (PAPER 1)

NAMA :

TINGKATAN :

| No.    | ANSWER BOX FOR LETTERS<br>(MULTIPLE CHOICE) | SPACE FOR ANSWERS THAT ARE A WORD, PHRASE<br>OR NUMBER | DO NOT WRITE<br>HERE |
|--------|---|--|----------------------|
| PART 1 |   |  |                      |
| 1      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 2      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 3      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 4      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 5      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 6      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 7      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 8      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| PART 2 |   |  |                      |
| 9      | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 10     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 11     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 12     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 13     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 14     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 15     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 16     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 17     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |
| 18     | <div>A B C D E F G H</div>                  |  | <div>1 0 U</div>     |



| No.           | ANSWER BOX FOR LETTERS<br>(MULTIPLE CHOICE) | SPACE FOR ANSWERS THAT ARE A WORD, PHRASE<br>OR NUMBER | DO NOT WRITE<br>HERE |
|---------------|---|--|----------------------|
| <b>PART 3</b> |   |  |                      |
| 19            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 20            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 21            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 22            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 23            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 24            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 25            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 26            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| <b>PART 4</b> |   |  |                      |
| 27            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 28            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 29            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 30            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 31            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 32            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| <b>PART 5</b> |   |  |                      |
| 33            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 34            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 35            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 36            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 37            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 38            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 39            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |
| 40            | (A) (B) (C) (D) (E) (F) (G) (H)             |  | (1) (0) (U)          |